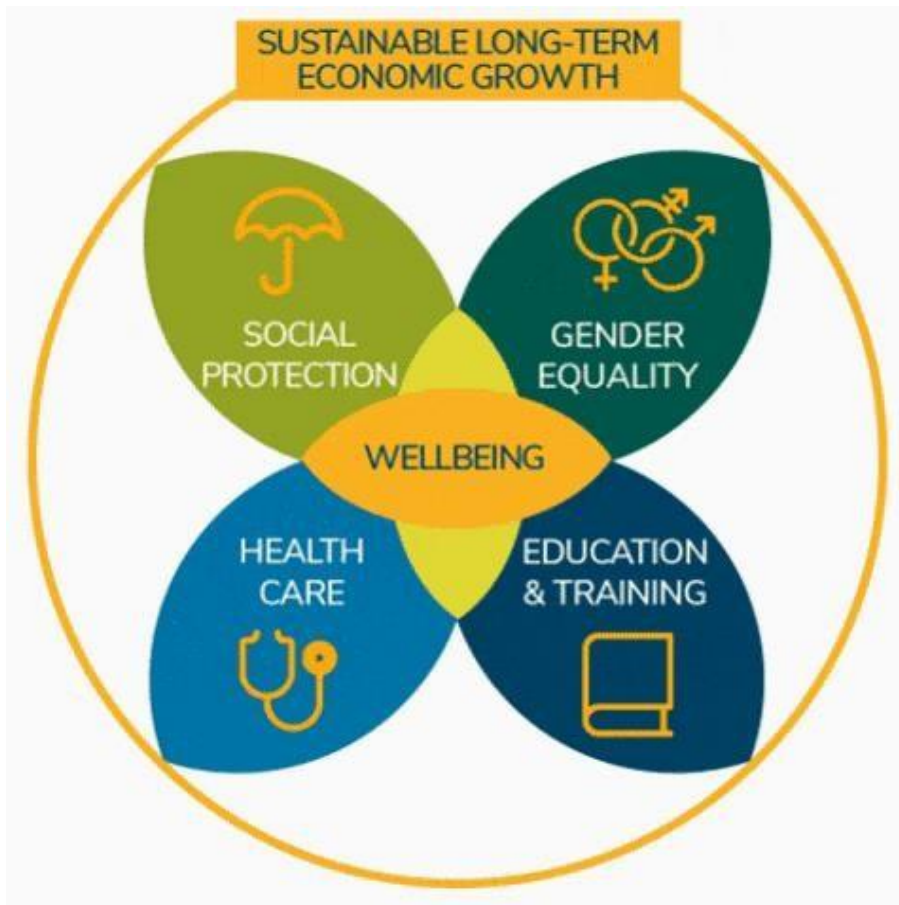




NATIONAL COUNCIL FOR POPULATION AND DEVELOPMENT
THEMATIC AREA: POPULATION HEALTH AND WELL BEING



Population Health and Well Being

Background

The Population Health and Wellbeing Sub-theme focuses on: Child health and survival; Noncommunicable diseases; Mental health; Maternal health and mortality; Universal health coverage; Drug and substance abuse; Road safety; Malnutrition; Older Persons' Health and Well Being; and, Environmental health and survival.

Rationale and Justification

The Sustainable Development Goal (SDG 3) emphasizes on the need to ensure healthy lives and promote wellbeing for all at all ages.

Expected Topics on Population Health and Well Being

1) Morbidity and Mortality Across life stages

- i. **Child Health and Survival:** SDG 3 targets respective countries ending preventable deaths of new-borns and children under 5 years of age by 2030.
- ii. **Maternal Health and Mortality:** By 2030, the SDG target is a reduction in the global maternal mortality ratio to less than 70 per 100,000 live births.
- iii. **Drug and Substance Abuse in Kenya:** SDG 3 target is to strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol by 2030.
- iv. **Child, Adolescent and Adult Malnutrition:** SDG 2 targets to end all forms of malnutrition by 2030
- v. **Environmental Health and Survival:** SDG 3 target by 2030 is a substantial reduction in the number of deaths and illnesses from hazardous chemicals and air, water and soil pollution and contamination.

2) Universal Health Coverage-Challenges and Prospects: SDG 3 aims to achieve universal health coverage by 2030, including financial risk protection, access to quality essential health-care services, and access to safe, effective, quality and affordable essential medicines and vaccines for all.

3) Non-Communicable Diseases (NCDs): SDG 3 target by 2030 seeks to half a reduction by one-third in premature mortality from NCDs through prevention and treatment, and promote mental health and well-being.

4) Mental Health and well-Being: SDG 3 target by 2030 is one-third reduction in premature mortality from non-communicable diseases through prevention and treatment, and promote mental health and well-being.

5) Road Safety: Road Traffic Crashes/ Injuries: By 2030, SDG 3 expects a 50% reduction in the number of global deaths and injuries from road traffic accidents.

6) Health and Wellbeing of Older Persons: SDGs relating to older adults include: SDG 1

(No Poverty); SDG 2 (Zero Hunger); SDG 4 (Quality Education); SDG 5 (Gender Equality); SDG 8 (Decent Work and Economic Growth); and SDG 9 (Industry, Innovation and Infrastructure)